## ANNUAL REPORT



# SUNBURST Projects SUNBURST Projects Stablished in 1982

#### **Our Mission**

Sunburst Projects promotes health, wellness and social justice through services that strengthen and empower individuals, families and communities to ensure those living with HIV/AIDS reach their highest potential.

#### **Our Core Values**

- We focus on the quality of life and not the disease itself, and strive to ensure that all people living with HIV/AIDS are not subject to discrimination.
- We believe that as an agency, we are responsible for the health and emotional well-being of our clients, yet the issue is not ours alone; governments, communities and society as a whole must also be held accountable.
- We practice compassionate listening and non-judgmental communication.
- We strive to provide services delivered with flexibility, personalized attention and cultural sensitivity.
- ◆We strive to promote self-sufficiency and empowerment.

#### Contact Us:

2143 Hurley Way, Suite 240 Sacramento, CA. 95825 916.440.0889 admin@sunburstprojects.org www.sunburstprojects.org



Sunburst Projects is a 501 (c)3 non-profit organization, made up of the following team:

- 7 Board Members
- 1 Executive Director
- Director of Social Services
- Director of Behavioral Health
- Director of Development
- Camp Director

- Pharmacy Program
   Manager
- 5 Clinical Social Workers
- 2 Administrative Assistants
- 2 Interns
- 115 Volunteers

## Sunburst Projects employs high-quality, educated staff:

- 1 PhD
- 1 LCSW
- 1 LMFT
- 2 ASW
- 1 M.Ed.
- 1 RN

## PROGRAMS

### Medical Case Management

Case management ensures timely access to medical services for clients impacted by HIV/AIDS

- In-home and telemedicine case manager visits
- · Transportation to medical appointments
- 340B Pharmacy Program delivering lifesaving medications

#### Mental Health Services

Sunburst Projects offers traditional mental health services by licensed clinicians that restore clients' overall sense of wellbeing

- · Individual, couples and family therapy
- · Crisis intervention and psychotherapy
- · Support groups

#### Social Support Services

Our experienced staff assists clients in accessing public and private programs including:

- · Housing and utilities assistance
- Food and childcare vouchers and clothing closet
- · Emergency financial assistance

## Youth Programs

Sunburst Projects has dedicated itself in serving children and youth impacted by HIV/AIDS since 1982.

- Camp Sunburst a residential, free summer camp for youth infected and affected by HIV/AIDS
- Holiday parties and social events
- · Support groups for youth of all ages

### Education and Prevention

Sunburst Projects is working to stop the spread of HIV within the greater Sacramento Region with unique education and prevention efforts to end the epidemic.

- Community awareness events on topics related to HIV/AIDS
- Counseling on medication adherence and healthy lifestyles
- · Registered nurse on staff to support clients' health

## 2019 MILESTONES

- 488 Individuals impacted by HIV/AIDS served
- 11,589 Hours of Medical Case Management
- 4,964 Hours of Mental Health Services provided
- **\$42,644** Paid in Childcare Assistance
- 22,279 Miles driven by case managers to provide services
- **7,932** Volunteer hours logged by 115 volunteers
- 123 Medications per month delivered to clients (average)

- 364 Food Bags given to clients in need
- 2 healthy HIV negative babies born to HIV positive mothers
- **38** HIV positive women attended support groups
- 48 school age kids provided with backpacks and school supplies
- **59** Attendees for Community Lunch and Learns
- 48 Families (125 children)
  received holiday gifts and
  necessities in collaboration with
  Sacramento State University

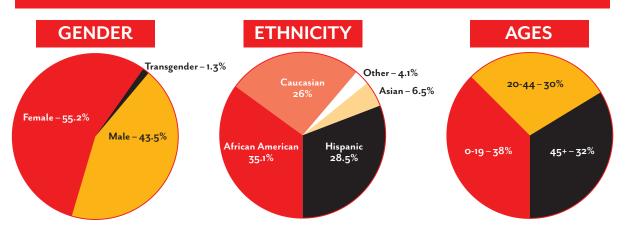
- 21 Community Events
- 4 Quarterly Events for Teens
- 2 Residential Youth Leadership Camps/Conferences Held for youth, ages 7-26
- 68 Clients attended Halloween Party
- 2 Community Lunch and Learns on HIV education and prevention
- 48 Turkeys distributed to needy clients

## program spotlight

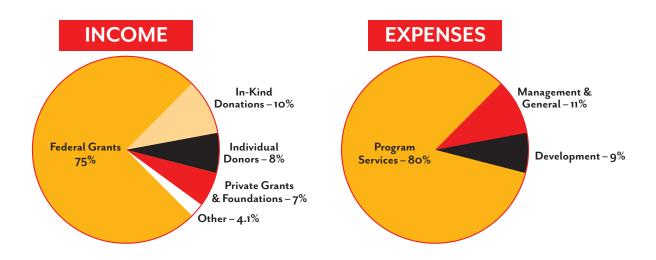
"For over 10 years Sunburst Projects has successfully worked with HIV positive pregnant women in our community to ensure that their babies are born healthy and remain HIV negative. In 2019, two HIV positive women with unsafe viral loads were referred to us for medical case management. By actively supporting these women throughout their pregnancies, accompanying them to medical appointments, and helping them with medication adherence strategies, both women developed undetectable viral loads and delivered healthy, HIV negative babies who are thriving. We continue to work closely with these clients and provide ongoing surveillance for the health of both mom and baby."

- Diana Pretzlaff, RN/Director of Health Services, Sunburst Projects

## client DEMOGRAPHICS



## funding SOURCES



## SÜPPORTERS

#### Major Funders

Imperial Court of Sacramento, Loveall Foundation for Children NorCal AIDS Cycle Outword Magazine, Fred Palmer San Francisco Ducal Council Until There's A Cure Foundation

### **Major Donors**

Adamo's Kitchen Michael Shugert California State University Casey Whitley Ciotti Cellars, Joe and Wendy Ciotti Comedian Vicki Barbolak Darcy and Diane Evans David Anders & Mark Zampella Dr. Robert and Diana Pretzlaff

Grand Ducal Council

of San Francisco

House Kitchen & Bar lackie and Darlene Smith Johnathan Cameron Kick 'N Mule Kupros Craft House Live Nations Concerts Maita Subaru Nate Feldman Pamm Edwards Photography Sacramento Women's Chorus Sierra 2 Center for the Arts & Strategies for Change Tito's Vodka Willis Hasselroth WriteAway Communications,

Bonnie Osburn

#### Community Partners

Catholic Charities, Sacramento CommuniCare Dignity Health Harm Reduction Services Mercy Housing PharmBlue Rx HealthCare Services. and Human Services Sacramento Housing and Center Sierra Foothills AIDS Foundation UC Davis Pediatric Infectious Disease Department UC San Francisco Benioff Children's UC San Francisco Pediatric

Infectious Disease Department



www.sunburstprojects.org